



# Participant Report Form - KA1 – Learning Mobility of Individuals in Youth Exchanges

Fields marked with \* are mandatory.

Document code: EP-KA1-Youth-2016

## 1 Purpose of the participant report

This final report on the mobility experience you participated in will provide the EU's Erasmus+ Programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45 /2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating organisation, National Agencies of the Erasmus+ Programme and the European Commission. More details in [Specific Privacy statement](#).

## 2 Identification of the Participant and General Information

### \* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Luisa Bussu

### \* 2.2 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

Bsslsu96@gmail.com

### 3 Competences Developed by Participants

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- 3.1 Which of the following participants' competences were most likely developed through their participation in this Youth Exchange?

	Fully	To a high extent	Fairly	To a low extent	Not at all	Unable to judge
*Communication in the mother tongue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Communication in foreign language	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Practical skills (e. g. planning and organising, project management, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Problem solving skills	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Analytical skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Digital competences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Mathematical competences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
*Basic competences in science and technology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
*Sense of initiative and entrepreneurship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Learning to learn	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Interpersonal and social competences	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Intercultural competences	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Cultural awareness and expression	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3.2 Which of the following effects did you notice in the overall on the participants from your country?  
After the Youth Exchange, they...

	Most of them	Some of them	Few of them	None of them	Unable to judge
*are more confident and convinced of their abilities	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*know better their strengths and weaknesses	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more able to adapt to and act in new situations	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more able to think and analyse information critically	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more able to reach decisions	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*intend to participate more actively in social and political life of my community	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more interested in knowing what happens in the world daily	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more able to cooperate with people from other backgrounds and cultures	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more tolerant towards other persons' values and behaviour	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more open-minded and curious about new challenges	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more interested in European topics	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*feel more European	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 3.3 Furthermore, participants from your country...

	Most of them	Some of them	Few of them	None of them	Unable to judge
*have learned how to produce media or social media content on their own	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more able to discuss political and social topics seriously	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*realise that they now learn better or with more pleasure	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more receptive to Europe's multiculturalism	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more committed to work against discrimination, intolerance, xenophobia or racism	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*are more aware of the fact that some people in our society are disadvantaged	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
*are more willing to express their opinions to the others and stand for them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
*are more willing to take action to change the things that do not work in their surroundings	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 3.4 If you wish, please give additional comments about this aspect (you can highlight both positive and negative aspects)

## 4 Professional development

4.1 How would you judge the effects of the participation in this Youth Exchange on the professional development of participants from your country?

	Most of them	Some of them	Few of them	None of them	Unable to judge
*Participants got a clearer idea about their future educational path	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
*Participants got a clearer idea about their professional aspirations and goals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
*Participants' job chances have increased	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Participants are readier to pursue further education or training (formal, non-formal, vocational)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 5 Certification and Formal Recognition

\* 5.1 Have the participants received formal recognition for having taken part in the activity?

☒ Yes

☐ No

\* 5.2 If not, please explain why.

They have received a Youth Pass as a document to testify their participation in the project.

\* 5.3 Which certificate/diploma/document?

Multiple answers are possible.

☒ Youthpass

☐ Europass

☐ Other

- \* 5.5 Was the process of preparing and completing the Youthpass certificate integrated in the project (e.g. through reflections, meetings, monitoring of learning outcomes)?

- ☐ Yes  
☒ To some degree  
☐ No

- 5.7 If you wish, please give additional comments about this aspect (you can highlight both positive and negative aspects)

## 6 Overall Evaluation

- 6.1 Did the Youth Exchange...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree	Unable to judge
*meet your expectations	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*meet the expectations of the participants from your country	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- \* 6.3 How do you evaluate the overall success of this Youth Exchange?

- ☐ Very good  
☒ Good  
☐ Fair  
☐ Poor  
☐ Very poor



#### 6.4 If you wish, please give additional comments about the quality of the Youth Exchange (you can highlight both positive and negative aspects)

I think the main aim of any youth exchange was reached: my participants came home feeling European citizens, with a better and more conscious and critic awareness of the big and diverse world they live in. They learned to communicate and build relations with people from different countries not caring about where they came from or what language they spoke. In eight days they have grown a lot, and they are conscious of this. I thank this project for that.

They also learned more about the power and effectiveness of non-formal education, something not used at all in our school system.

There were also come problems, which have been solved by the hosting organisation, but it took time and energy, and some tension could still be felt during the project.

It has to be said that all activities programmed on the info-pack and time table were done, but not as planned. For instance, my group was not given the chance to coordinate and present the two activities we prepared before our departure from our home countries as were asked in the info-pack, instead all the other teams did so. The activities that were supposed to be directed by us were instead hosted by the head of the hosting association, whom did not give me a clear explanation of such change of plan. But anyway my participants joined actively in those activities and gave their contribution.

There are also other few things that my participants highlighted me:

- the fact that at a certain point they started to get bored during the activities, for all they were doing was preparing role plays, and they wanted some diversity;
- they expected more from the activities, so they thought the activities could have been improved, with a variety of topics so that different skills could have been acquired (e.g. focus on advertisement for the development of digital and marketing skills);
- the fact that the good, positive, and stimulating environment created by the participants all together covered those not-positive aspects, so that the final and overall outcome of the project is positive.

## 7 Conclusions, Personal Comments and Recommendations

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- 7.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future projects as well as to the National Agency or the European Commission.

## 8 Publication and Usage Rights of the Information and of the Email Address

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- \* 8.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at my email address.
- ☒ Yes
- ☐ No
- \* 8.2 I agree that (parts of) this report can be published and made available to the general public.
- ☒ Yes, with my name and email address
- ☐ Yes, but anonymised (no name and no email address)
- ☐ No
- \* 8.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ Programme and EU issues.
- ☒ Yes
- ☐ No

### Contact

[http://ec.europa.eu/programmes/erasmus-plus/contact\\_en](http://ec.europa.eu/programmes/erasmus-plus/contact_en)

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